PACIFIC GATEWAY WORKFORCE INVESTMENT NETWORK $\underline{\textit{RESOURCE DIRECTORY}}$

COUNSELING

Agency Name	Phone	Services Provided
Alliance for the Mentally ill (AMI)	(310) 533-0705	Volunteer support groups for familys of people with chronic menta
Alzheimer's Association	(323) 938-3370	Care giver support groups
American Cancer Society	(562) 437-0791	Support and services to cancer patients, prevention and early detection
Anorexics and Bulemics Anonymous	(562) 597-7575	12-step program, self-help groups
Assessment Center	(800) 824-6423	24 hour assessments, referrals and help w/depression, substance abuse, rape
Britney House	(562) 421-4717	support groups
California Dept. of Rehabilitation Long Beach	(562) 422-8325 (562) 422-9276 (T	Counseling Services for individuals with disabilities TY)
Bay Cities Branch	(310) 793-1157 (V (310) 793-8610 (T	OICE)
Carson	(310) 516-3705 (V (310) 516-3735 (T	OICE)
Compton	(310) 637-1151 (V (310) 637-6526 (T	OICE)
Cancer Support Foundation	(562) 594-9977	Grief counseling
Casa's TOP'S Program	(562) 594-6825	Parenting programs
Cedar House	(562) 422-8472	Counseling for victims of child molestation and their families
Child abuse hotline	(800) 540-4000	Report child abuse/neglect
Community Improvement League	(562) 426-8897	Family violence prevention, counseling services, sliding scale
Depart.of Children & Family Services	(562) 497-3500	Emergency abuse response, family reunification, referrals to counseling
Mental Health Foundation	(562) 436-8585	Variety of counseling services
Family Services of Long Beach	(562) 493-1496	Support groups, counseling, marriage, family, children, individual, couple
For the Child	(562) 422-8472 (562) 427-7671	Psychological counseling for child physical/sexual abuse and neglect and parent education
Jewish Family & Children Service	(562) 427-7916	Groups for coping with aging parents, disabilities, seniors, men's groups
Jewish Family Center	(714) 445-4950	Variety of support groups

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Agency Name	Phone	Services Provided
LB Women's Shelter hotline	(562) 437-4663	Provides shelter, food, counseling for victims of domestic violence
Long Beach Mental Health	(562) 599-9280	Adult Services (Counseling)
Life Management Center	(310) 543-9233	anger management eating disorders, domestic violence
Los Alamitos Med Ctr.	562-598-1311 562-594-9977	Ongoing support groups for cancer related issues
Memorial Counseling Assoc.	(562) 961-0156	Variety of workshops and support groups
Memorial West Alumni	(562) 426-2628 (562) 424-9666	AA, Alanon, CODA, ACA, CEA/How-Alateen mtgs
Norwalk Counseling center	(562) 406-8669	Group for women dealing with domestic violence, co-dependency, self-esteem
Pathways	(562) 531-3031	Call for information and locations
Sexual Abuse Anonymous	(562) 428-5599	12-step dealing sexual abuse, support groups
Sexual Assault Crisis Agency	(562) 494-5046 (562) 494-5096 (562) 597-2002	Assistance for rape victims, counseling for medical and legal, bilingual 24 hours Rape hotline
Special Olympics	(562) 421-2882	Long Beach Chapter
Star View Community Services	(562) 427-6818	Emtionally disturbed youth
St. Mary Medical Center	(562) 491-9000	Bereavement groups Partnership for Living/Cancer patients Teen Moms
Step-Family	(562) 598-2223 (310) 849-2984	Support groups for step-family issues
Su Casa Family Crisis Ctr. 24 hour hotline	(562) 402-4888 (562) 402-7081	Support groups, counseling for women and children who are victims of domestic violence
Suicide Prevention Hotline	(310) 391-1253	Help for people who are suicidal
Youth for Christ	(562) 424-0775	Counseling Services
Y-me breast cancer support group	(562) 984-8456	Support groups available, call for schedule
YWCA helpline	(626) 967-0658	Referral hotline for battered women Support groups
YWCA/Cancer Support Groups	(310) 547-0831	Support groups

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